

Maile'ana Kanewa

Graduation Date: 2012 GPA: 4.0 Central High School (Duluth, MN)

Favorite Quote: Ho'iKaika Akumaku – Hawaiian for 'We try harder'

Why I Compete: To challenge myself, learn life skills and I love the sport!

Gymnastics Accomplishments

2008: Level 10 National Championships Region 4 Championships

1st Alternate

8th Place AA, 4th Place Floor Exercise

MN State Level 10 Championships

Floor Champion

2007: Level 9 Western Nationals

Region 4 Championships

7th Place Floor Exercise, 9th Place Vault

2ND Place AA, Floor & Vault Champion

MN State Level 9 Championships

3rd Place Vault

4th Place Floor Exercise

4th Place All Around

2006: Level 8 Region Championships

MN State Level 8 Championships

Region 4 Super Team Member

3rd Place AA

3rd Place Floor Exercise

8th Place Vault

Career High Scores

Vault: 9.8 Rising Stars Invite, 2009

Bars: 9.35 Rising Stars Invite, 2009

Beam: 9.425 JO Nationals, 2009

Floor 9.675 Chicago Style Invite, 2009

AA 37.9

Rising Stars Invitational, 2009

Gymnastics Skills

Vault 10.0 Start

Competing: Yurchenko Layout 1/1

Training: Yurchenko LO 1/1.5 & Yurchenko LO 2/1

Bars 10.0 Start

Geinger, cast to hand, shootover to hand connected to a straddle sole circle catch the HB; Full-in dismount

Giant Full connected to Full – In dismount

Beam 10.0 Start

Competing: Backhandspring layout step-out; switch leap layout step out; straddle jump, wolf 3/4; switch side; side salto; gainer layout 1/1 twist dismount

Training: Switch Ring, Layout Stepout, Popa Ariel/Gainger Layout Stepout/Layout Stepout Gainer 2/1 twist dismount

Floor 10.0 Start

3/1 Twist, Double Pike, Front Rudi, Full - In

Front 2/1 Twist, Triple Turn Switch Ring Strug